

# Available for you and your baby in emergency cases

Important contacts for parents with babies and small children



Medical emergency		
Ambulance of Hospital Thurgau AG	144	For acute medical emergency
Ambulance Children's Clinic Münsterlingen	071 686 11 11	For acute medical emergency
Emergency Practice Frauenfeld	052 723 77 77	In the absence of the family doctor
Emergency Practice Münsterlingen	071 686 19 11	In the absence of the family doctor
Psychological emergency		
External Psychiatric Service	071 686 40 37	Crisis intervention, diagnostics, psychological therapy
Clearance- and Admission of Psychiatry Clinic Münsterlingen	0848 41 41 41	Clearance, admission, counselling, information and crisis intervention
Clenia Littenheid AG	071 929 60 06	Admission of patients
	071 929 60 60	Emergency service (beyond office hours)
In critical situation		
Parental emergency call <b>24 hours available</b>	0848 35 45 55 24h@elternnotruf.ch	Help and counselling for parents, families and relatives regarding: Questions on child's rearing, overstraining in rearing. Child's endangerment and recommendation of competent offices in the nearby surroundings
Die Dargebotene Hand (helpline) <b>24 hours available</b>	143	Call for help, call on crisis, telephone counselling, emergency call, pastoral advice on problems, crisis, fear, depression
Child protection- and victim counselling		
Police emergency call	117	For acute emergency
Victim support office Thurgau, BENEFO-Foundation	052 723 48 26 052 723 48 23 benefo@benefo.ch	In case of physical, sexual or psychological injury
Counselling office for violence-affected women Thurgau	052 720 39 90 kontakt@frauenberatung-tg.ch	In case of physical, psychological, sexual and/or structural violence against women and her children
Child- and adult protection authority		On (reasonable) suspicion of endangerment of the child's welfare
Weinfelden	058 345 73 40, info.kew@tg.ch	
Münchwilen	058 345 73 30, info.kem@tg.ch	
Kreuzlingen	058 345 73 10, info.kek@tg.ch	
Frauenfeld	058 345 73 00, info.kef@tg.ch	
Arbon	058 345 72 80, info.kea@tg.ch	
Further counselling offices		
Swiss Red Cross	071 626 50 80 geschaefsstelle@srk-thurgau.ch	Temporary child care and help at home in critical situations.
Spitex	071 622 81 31 info@spitextg.ch	Care and guidance at home in critical situation
Child- and youth psychiatric service Small child ambulant service	071 686 47 00	Pediatric psychiatric evaluation, therapy offers
Counselling office for family planning, pregnancy and sexuality, BENEFO-Foundation	052 723 48 22 familienplanung@benefo.ch	Information and counselling on pregnancy and motherhood
Perspektive Thurgau (non-profit organisation) • Parents and carers consultation service • Couple, family and youth consultation service	071 626 02 02 info@perspektive-tg.ch	• Counselling for mothers and fathers • Counselling for parents with babies and small children. Family counselling, couple counselling
Conex Familia • Couple, family and youth consultation service • Couple, family and youth consultation service	071 411 00 01 mvb@conexfamilia.ch 071 411 88 82 pfj@conexfamilia.ch	• Counselling for mothers and fathers • Counselling for parents with babies and small children, family counselling, couple counselling
My personal emergency number(s)		
Family doctor		
Pediatrician		